



Dr. Kristie is a licensed Clinical Psychologist who currently serves as the Director of the Student Counseling Center at Hampton University. Dr. Kristie earned her undergraduate degree in Psychology from James Madison University and completed both her Master of Science in Counseling and Doctoral degree in Counseling Psychology from The University of Memphis. Prior to joining Hampton University, Dr. Kristie worked as the Assistant Chief of Psychology at the Hampton Veterans Affairs Medical Center. During that time, she served as the coordinator of the Posttraumatic Stress Disorder clinical team, coordinated efforts for the opening of the Women’s Mental Health Clinic, and helped to establish the first Diversity Discussion groups.

Dr. Kristie is the Founder of non-profit ReMIND U Wellness and Outreach where she focuses on decreasing the stigma of mental health in the BIPOC Community. As part of ReMIND U, Dr. Kristie provides clinical care and recently launched the Exhale Summit, a 2-day nurturing space where women can engage, uplift and encourage each other while focusing on mental and emotional healing and Self-Care practices. Additionally, she has served as a featured mental health specialist for Project Nana workshops on mental health, depression, and self-care.

Dr. Kristie remains an active member of her community, including her involvement with Mount Lebanon Baptist Church and Delta Sigma Theta Sorority, Inc. both of which are an extension of her personal and professional value of diversity and wellness. Dr. Kristie is married to her life partner, Lester and the pair have two amazing children.